



MEMBERSHIP APPLICATION

New Membership: \$125.00

Includes So Cal Track Club jersey & shorts, 2 organized workouts per week, e-mail newsletter, annual awards dinner, access to team's professional massage therapist at USA Indoor & Outdoor Track & Field Championships, substantial savings when traveling to World Championship events

**Please enclose a check payable to
So Cal Track Club and mail to:**

So Cal Track Club
Attn: Membership Application
P.O. Box 80877
Rancho Santa Margarita, CA 92688

Membership Renewal: \$60.00

Professional Coaching Fee: \$75.00/month

Includes written monthly training program

Name: _____ Male Female

Address: _____

City: _____ State: _____ ZIP code: _____

Home Phone: _____ Work Phone: _____

E-mail Address: _____

Occupation: _____

Birth Date: _____ USATF #: _____

Jersey Size: Small Medium Large

Shorts Size: Small Medium Large

Best Times (fill in all that apply):

100m/200m: _____ 400m: _____ 800m: _____ 1500m/Mile: _____

5K: _____ 10K: _____ Marathon: _____ Other: _____

Field Events: _____

Please tell us briefly about yourself so we can introduce you in the newsletter (use back if needed):
